

Parents' Guide to the 7 Habits

In our school we are creating a culture of leadership built around the 7 habits listed below. These habits embody important life principles such as responsibility, respect, setting goals, teamwork and balance. Please, familiarize yourself with them and use them in your conversations at home.

Habit 1 – Be Proactive – Stop, think and make a good choice. Take responsibility for your own actions and outcomes.

Habit 2 – Begin with the End in Mind – Set a goal and make a plan on how to meet that goal. Work that plan.

Habit 3 – Put First Things First – Do the important things first. Work before play.

Habit 4 – Think Win-Win – Make a decision that will make everyone happy! Have an attitude that I can win, and so can you.

Habit 5 – Seek First to Understand, Then to Be Understood – Listen with your eyes and heart not just your ears. Understand the other person's point of view before sharing your own.

Habit 6 – Synergize – Work together as a team. Each person has an important role to play.

Habit 7 – Sharpen the Saw – Take care of yourself. Make it a priority to renew and strengthen your mind, body, heart and soul on a regular basis.

If you would like to learn more about the 7 habits, read Steven R. Covey's [The 7 Habits of Highly Effective People](#) or [The 7 Habits of Highly Effective Families](#). Additionally you can read Sean Covey's [The 7 Habits of Happy Kids](#) and visit <http://sn.im/7-habits> online.