

PULASKI COMMUNITY  
SCHOOL DISTRICT

## POINTS OF INTEREST...

- **Proposed trips for 2020**
- **Community Events**

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# PACE-Setters

INTERESTED - INVOLVED - INVIGORATED  
A NEWSLETTER ESPECIALLY FOR OUR SENIOR CITIZENS

VOLUME XI, ISSUE I

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## LIFE and DEATH DECISIONS

Are you scared to death, or maybe of death? Would you rather just not think about the inevitable? We have set up a series of get-togethers to help us all cope with end of life issues that may be easier to face ahead of time with support from friends and family. Sign up soon as we are limited to the first 30 registrants at each session. Register by calling PACE at 920-822-6050. Take-home handouts will be available at each session as well as Question & Answer time and refreshments. These sessions are free and open to the public; if you have questions please ask.

**SESSION 1 Thursday, May 9** starting at 9am, ending about 2pm. Pam Janssen and her staff will speak about funeral planning, funeral insurance and writing an obituary. This day will also include a tour of the funeral home and a chance to look at examples of caskets and vaults. Pam does a great job of answering everyone's questions too. Soup and sandwich lunch will be provided at Smurawa's Country Bakery. This session is held at Marnocha's Funeral Home in Pulaski. We ask a \$4 per person donation, on the day of, to help pay for lunch.

**SESSION 2 Thursday, May 16** This session will be held at the Polish Chik'n Coffee and Bistro starting at 1:30pm. Speakers will be coming from the Aging and Disability Resource Center of Brown County to talk about, compare and contrast various options for housing and care as we age. Assisted Living, Nursing Homes, Senior Living Centers, Memory Care Centers, In-Home Care, CBRF and Medicare options will be discussed. Relax with coffee and cookies in a cozy setting to make these topics less scary. No charge today, but you must pre-register.

**SESSION 3 Thursday, May 23** This session will also be held at the Polish Chik'n Coffee and Bistro starting at 1:30pm. Today, we will have a speaker from Southern Care Hospice to talk about hospice care, end of life decisions and what to expect. We will also have a handout on planning a Christian funeral and other choices. Again, you tackle these touchy subjects while relaxing in a comfortable setting with coffee and pie. Bring a friend or family member along to make it even easier. Today's session is free of charge, but you must pre-register.

All of these sessions are free to the first 30 people who register. Please come with your questions and concerns and we will get you answers. Register, at least one week prior to the sessions you want to attend, by calling PACE at 920-822-6050.

By Mark Heck, PACE Director



## Creating a new Pulaski Adult Activity Center together

Wisconsin's Motto: Forward.

Great challenges usually also present great opportunities. The restructuring of the Pulaski Adult Activity Center, although very challenging, will also provide many opportunities for our community. The most obvious challenge is funding the center so it can be open for our community to use. The Pulaski United Foundation is trying to help with this. They have committed \$5,000 to help fund the Center in 2019. Gordi Black and I are now working together to reach out to other groups, organizations and individuals in an attempt to find matching funds for the Center. Please help us spread the word. Please help us get to the total of \$10,000 by donating to this matching funds effort.

Remember, we now have the opportunity to make our adult activity center anything we want. We can make the rules and create a Center that meets the needs of our community. Get on board and make it great. You can call me at 920-822-6051 and request information on how you can get involved. You can make your matching donation by mailing your checks written out to the "Friends of the Pulaski Adult Activity Center" care of PUF at PO Box 36, Pulaski, WI 54162.

## SPLISH SPLASH

Welcome to the Pulaski Pool.

If your New Year's Resolution was to get regular exercise we can help you with that. There are several opportunities available for adult fitness in our pool.

If you are someone who prefers to exercise on your own, we offer "Early Bird Swim" on Monday-Friday from 5:15 a.m. to 7:30 a.m. The fees for these are: 10 swims - \$35, 20 swims - \$66, or 40 swims - \$128.

The exercise classes offered include 'Water Fitness' Mondays 11-noon and Wednesdays 9:30-10:30 a.m.; "Aches & Pains" Tuesdays 11-noon and Thursdays 9:30-10:30 a.m.; "Noon Hour Aqua Jog/Deep Water Fitness" Monday and Thursday 11:00-noon; and "Water Workout" Tuesday and Thursday 6:30-7:30 p.m. The fees for these classes are \$30 (seniors 60+) or adults \$35 for a 10 punch card. The card is kept at the pool, is punched each time you attend a class, and is good for any of the 4 classes. Not only do you benefit from the exercise but you also have the opportunity to get to know other wonderful members of our community. Single day walk-ins cost \$5 during these classes.

Elizabeth Lawler, Pool 920-822-6060

Mark Your Calendars & Join Us for These Events

Advance reservation may be required.

Fri., Sat., &Sun., April 12, 13, 14 and 26, 27, 28 ...**"Annie, the Musical"** at the Pulaski Middle School . Tickets are \$8 with \$2 from each ticket going to pay for the new auditorium seats. Call 920-822-6508 for your seats.



Saturday, April 13 ...**Community Dessert & Cake Auction** sponsored by Grace Christian Academy at Zielinski's Ballroom from 5-8:30pm.

Saturday, April 13... **Card Playing and BINGO Party** at Bonduel High School. See page 7 for complete info.

Sunday, April 14...**Palm Sunday Brunch** at Suamico United Methodist Church from 8:30-11:00am Please join us Cost is \$8 (\$5 for kids)

Tuesday, April 16...**Coffee & Conversation** with PCSD Superintendent, Bec Kurzynske from 7-8:30am at the Polish Chik'n Coffee, Gifts and Bistro located inside the Mountain Bay mall.

Saturday, April 20...**Easter Egg Hunt** at Saputo Stadium, starts at 10:00am. Free for kids up to age 11.

Friday & Saturday, April 26 & 27... **"Wynn Fairly, Chapeen Rassler"** the PHS spring play starts at 7:00pm. Tickets are \$7 and can be purchased at the high school.

Friday & Saturday, April 26 & 27...**Area Rummage Sale** for the Krakow, Advance and Green Valley areas.

Tuesday, April 30...**Council of Catholic Women Annual Spring Supper**...4:30-6:30pm Not just soup and salad anymore; now serving casseroles, hot sandwiches, salads and dessert. Adults \$10 Kids \$4

Thursday—Saturday, May 2-4...**Pulaski Village Wide Rummage Sale** Watch for maps in the Pulaski News.

Thursday, May 2 or Monday, May 6...**Paint and Wine Night** Lounge from 6-7:30pm. Class costs \$40 and includes all wine for adults. Register with PACE 822-6050



at Cobblestone Hotel supplies and a glass of

Saturday, May 4...**PACE Electronic Recycling** Date...9:00am-1:00pm Glenbrook parking lot. Most items are free, monitors cost \$10 and TVs cost \$15-30 depending on size and type. Bring anything metal or electronic.

Sunday, May 5...**John Kurzynski Memorial Pancake & Porkie Breakfast** at the Pulaski Adult Activity Center located at 430B South St. Augustine Street 8:30am—noon Tickets \$7.50 at the door. Includes a raffle at noon; do not need to be present to win. Buy tickets ahead. Call 822-8100

Thursdays, May 9, 16 & 23 ...**Funerals: Options and Possibilities - Are you Prepared? Housing Options as you Age. Hospice and other End of Life Decisions.** See page 1 for complete details on these three sessions which are open to the public, but require advance registration.

Thursdays, June 13-October 3...**Mountain Bay Mashup** Pulaski Street Market, Classic Cars Cruz'n Nights and Outdoor Social Gathering with food and beverage garden. 3-7pm weekly at the Mountain Bay Plaza by the round about.

Savannah, Spring of 2018

We included a visit to  
Fort Pulaski and  
Casimir Pulaski's statue in  
downtown Savannah.



Chicago, Fall of 2018

Our group in front of  
"The Bean"  
And our visit to the Museum  
of Science and Industry



Maine for fall of 2018

Also included a stop in Cleveland for the Rock & Roll Hall of Fame



Branson for Christmas of 2018; included six shows with “Samson”, the theatrical musical of the Biblical story being a huge hit. The whole town was decorated for Christmas.



## SHAWANO COUNTY AMISH AND BARN QUILTS

Wednesday, September 18, 2019



We leave from the St. John Lutheran parking lot at 8:30am and head to Bonduel's Kwik Trip where we will pick up our step on guide. I will be pointing out and explaining the barn quilts along the way. Our first Amish stop will be at the Yoder Bakery for sweet rolls and coffee. Hopefully, Owen Yoder will join us there to explain his "Amish Family Diary" which is his Amish farm life's story written for OUR WISCONSIN magazine. Owen enjoys speaking about his family farm and you will see some of his children's homes and businesses along our trip today. We will stop at several Amish homes and businesses and eat a family-style lunch with dessert in one of the homes. We will also give you a chance to purchase items from the Amish stores.

We must have at least 30 paid registrants by August 30 for this trip to run. Register by calling PACE to get your name on the roster and then send in or drop off your payment. Call 920-822-6050 Mail payment to PACE at PO Box 36, Pulaski, WI 54162. Cost for this trip is \$60 which includes sweet rolls, all-you-can-eat lunch, step-on guide and the bus.



### TRIP & TOUR DISCLAIMER...

When signing up for our trips and events, please note that adding your name to our lists only holds a space for you until we have payments from the total required to run the trip. We follow a first paid, first served policy. Also, once you have paid, there are no refunds unless you can find a replacement. We often have a waiting list that I can share if that happens. Many of our stops require pre-payment and/or reservations. The cost of the transportation is not based on a "per person" basis, so cancelling or just not showing up does not change the total owed. Finally, we do leave on time; no waiting for late arrivals, and I only have time to place one call.

## Community News....Bits and Pieces

**The Pulaski Housing Authority** is looking for two new Board members to replace long-standing members who have recently stepped down from their positions. You should be interested in serving the Village of Pulaski, live in the village boundaries and be able to meet a couple times each month as needed. If you are interested please call PACE at 920-822-6050 and get us your contact information to share with the Board.

**Kroc Center in Green Bay** Did you know that the 4th Wednesday of each month the Kroc Center located at 1315 Lime Kiln Road in Green Bay offers a “Super Senior Day”. Cost is only \$5 and you can attend from 9am — 2pm and the price includes a lunch. There is entertainment, socializing and more. Alternatively, if you are eligible through SilverSneakers, Silver&Fit or Optum through your health care plan, you can join for free. For more information, and to check if you are eligible, you can give the Kroc Membership Services Desk a call at 920-884-5007.

**Brewer Game with the Kroc** The Kroc Center will be taking a coach bus to the Brewer game on Wednesday, July 17, 2019. Cost of the day is \$60 per person. Bring a lawn chair as lunch will be provided before the game. Bus leaves Green Bay at 9am and should return about 7pm.

**Country Korner 4-H Club Card Party with Supper** Saturday, April 13 at the Bonduel High School. Doors open at 4:30pm, Meal from 4:45-5:45pm then, there will be card playing and BINGO with prizes. There will also be raffles and dessert with coffee afterwards. \$4.00 for supper and admission. Raffle tickets 6 for \$5.

### NEW YORK CITY TRIP, Sept.25-Oct.3

The bus is full and I'm ready for our fall trip to New York City. If you already have a seat reserved on our bus the final payment is due by July 4. Please write your checks out to Diamond Tours but, send them to PACE at PO Box 36, Pulaski, WI 54162. If you have not shared your email address with me yet, please send it along with your final payment.

I will use email to send out additional news and updates as the departure date draws nearer.

Just a few reminders for now...If you haven't purchased trip insurance yet, the last chance to do that is with your final payment. Without the insurance, you can still resell your ticket or send a friend in your place if you can not go at the last minute. If you want the insurance write that check out to “Travel Insured International”...for \$69 per person. Remember to pack a small carry on for our first and last 2 night's stays. Once we get to NYC we will stay in the same hotel, but while traveling we hope to only carry in a small bag and your personal items. On our last trip, we had one person forget their prescriptions; if you take meds necessary for safe week-long travel, please pack them and bring your list of meds along so we can get items replaced along the route if necessary. I know we are all hoping for warm weather and fall colors, but don't forget about showers and wind...bring an appropriate coat to keep yourself comfortable.

## PULASKI ADULT ACTIVITY CENTER

We are now our own, locally run and operated center for everyone from the area to meet and socialize. Now, you no longer have to live in Brown County to enjoy all that we offer at the center. Please come in and check us out at 430 S. St. Augustine Street, in the back building. Our parking lot has been re-surfaced and we welcome you to attend any of these weekly activities:

- \*Arthritis Exercises Mondays and Thursdays at 10:00am
- \*Blood Pressure checks Mondays at 11:45am
- \*Card Playing (any game you like) Mondays at 12:30pm
- \*BINGO with prizes Tuesdays at 12:30pm
- \*Quilt Workshop Wednesdays starting at 9:00am
- \*Warmth from the Heart Quilting Fridays starting at 9:00am
- \*Weight Watchers Saturdays at 7:00pm

### Monthly Activities:

- Dementia Care Specialist in house at 9:30am on the 4th Monday
- Footcare, by appointment, call 822-8100 8am-3pm on the 3rd Wednesday

Current Resident or

Pulaski Community School District  
P.O. Box 36 132 Front Street.  
Pulaski, WI 54162  
Phone: 920-822-6050 Fax: 920-822-6052  
E-mail: [dkschneider@pulaskischools.org](mailto:dkschneider@pulaskischools.org)