



PCSD Food Service

TWITTER: @PCSD_EatSmart

#RaiderStrong

FACEBOOK: Pulaski Community School District Food Service

Program Facts



DIRECTOR

John Swanson

ASSISTANT

Kris Reed

FOOD SERVICE STAFF

40 employees

BUILDINGS SERVICED

Seven

What We Offer

- Breakfast as part of the National School Breakfast Program
- Lunch as part of the National School Lunch Program
- Wisconsin School Day Milk Program, offers a snack milk to students during day
- After School Snack at participating buildings
- Year-round Farm to School Program
- Summer Food Service Program
- NutriSlice web page and smartphone app provide menus, meal information, feedback options and more. Go to: www.pulaskischools.nutrislice.com/



Breakfast and Lunch

- All breakfasts and lunches served at PCSD follow the National School Lunch and School Breakfast Guidelines
- Each meal includes whole grains, lean proteins, low-fat and fat-free milk choices, fresh fruits and vegetables
- Fresh fruit and vegetables are offered daily at each elementary, middle and high school
- All students are offered several choices of entrées and sides for their meals each day

Program Highlights

FREE AND REDUCED-PRICE MEALS

- Applications are always available online for families to apply for free or reduced-price meal benefits
- District families can apply for free and reduced-price meals any time during the school year
- The PCSD sponsors breakfast for students on reduced-price meals so school breakfast for any student on free or reduced-meal benefits is *free* every day breakfast is served

SUMMER FOOD SERVICE

- Breakfast and lunch offered to **all** youths 18 and younger during the summer months while school is out
- Menus feature healthy, well-balanced meals including whole grains, lean proteins, low fat and fat-free milk choices and a daily fresh fruit and vegetable bar
- Meals feature local produce throughout the summer months
- Pulaski Community Middle School serving site is open to the public. All youths 18 and younger are available to join us as well as and students participating in summer school or working the summer school program

FARM TO SCHOOL PROGRAM

- Local, seasonal produce offered throughout the year at all sites
- Farm-to-school lessons are provided monthly by our food service staff to elementary students teaching them where their food comes from, including seasonal taste tests, and activities to learn how to follow a healthy lifestyle
- Bulk-processing days with staff to extend the season of the local items and provide access to serving them year round in multiple capacities
- PCSD is part of the Farm to School task force through Wello, partnering with Wello and several surrounding school districts to make local purchasing possible
- Offer hyper-local produce grown in our hydroponic flex farms year round



Founded on tradition and pride, focused on excellence

143 W. Green Bay St.
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PCSD Food Service Office: 920-822-6017
<http://www.pulaskischools.org/food-service>